Central Orgs.
(HCS-DC students)   HCO BULLETIN OF JANUARY 25, 1960

OT-3 PROCEDURE
HGC ALLOWED PROCESSES

This bulletin supercedes all earlier bulletins.

Any case that cannot adequately define simple words like change, problem, responsibility: Runs CCH's 1, 2, 3, 4 as per their earliest bulletins.

STEP ONE:

Rudiments:
Check for present time problem. Run by any good method. Check for ARC breaks with auditor and environment. Erase by any effective method. Set goals for session when PT problem and ARC breaks handled.

Establish rudiments at the beginning of each session. Reestablish rudiments if PC goes out of session. Check over what PC got towards his goal at session end.

STEP TWO:

Scout for present life overts and witholds. If found run "What about that incident could you be responsible for?" (see note on Responsible). Flatten off all present life overt/witholds and zones of irresponsibility (high or low needle).

This should bring the needle into quietness and the tone arm down to clear reading for the PC's sex.

On a low tone arm case, particularly below two, find any terminal that dips the needle, however slightly and run withold on that terminal: "What could you withold from a blank?"

"What could you make terminal contribute?" Run alternately with "What would you rather not contribute to terminal?" has also made a low tone arm rise. S-C-S and CCHs have also done so. The low tone arm is supposed to be the tougher one. Actually it's the valence of a mindless object and the last resort of the PC to withold, so rehabilitating withold cleverly should get it easily.

STEP THREE:

Clear the pc's field with responsibility as per recent HCO Bulletin on black, invisible or dub-in cases. When PC sees pictures of PT then go at case in general.

STEP FOUR:

Run "What about a victim could you be responsible for?"   Until tone arm tends to read at clear reading for sex in this lifetime.

Whenever the PC encounters an incident that seems very sticky, which is to say when the picture sticks many commands by the E-Meter, spot the time in term of years ago and down to the month and day. When the incident is spotted, if it continues to hang up run it as an incident with this command: "What about that incident could you be responsible for?" and as needful on a two-way comm basis, and by any process as needed get off its overts and witholds and "Who would it make feel guilty?"

When any incident is reasonably flat continue with "What about a victim could you be responsible for?"

This does not mean that you spot and run every incident encountered. Spot and run only those that stick.

STEP FIVE:

Explore the immediate past lifetime or lifetimes of the PC. Get the PC's identity and form (sometimes they were animals), and if lifetime alters position of tone arm run "What about (name) would you be willing to be?" "What about (name) would you rather not be?"

Do this until incident is flat. If heavy engram in such a lifetime sticks, run "What about that incident could you be responsible for?"

STEP SIX:

Run down any famous or enduring identities of the PC on the whole track, and handle as above.

Ease off this with responsibility as a victim.

STEP SEVEN:

Do a dynamic assessment on the PC and locate any terminal that drops, and run on this, "What could you withold from a blank?" until PC can withold.

If any severe incident turns up, flatten with responsibility.

STEP EIGHT:

Any chronic somatic or disability of the PC, if still not located, should be tackled with "What about that (name it) could you be responsible for?" and untangle the resulting pictures with placing them in time and running responsibility on any that stick hard.

STEP NINE:

Flatten once more responsibility on a victim.

STEP TEN:

Rehabilitate the PC's ability to withold by running cause-withold version of responsibility (see note below) on all dynamics with various terminals.

Cautions: Until some responsibility is run on some cases no present life overts show up. Responsibility is the key to high and low arms not overts. Handle any severe overts that turn up on case with responsibility process.

Do not run a massless terminal such as "sex" or "help". Find instead some actual terminal, not a significance.

Beware running adjectivial commands such as "Frigid woman" or "a little boy with a mole under his left grin". Run instead the plainest terminal that drops.

Do not run things that are not real to the PC as he has made them unreal to lessen the overt. Instead run lots of overt finding processes such as "What could you admit causing a (terminal real to PC)?" Alternated with "What could you withold from a (same terminal)?"

Much of the material here is on the Washington 1960 HCS tapes. But this rundown here is to be followed in the event of any conflict of procedure.

IMPORTANT NOTE: WHERE RESPONSIBILITY IS USED ABOVE IT CAN ALSO READ "WHAT COULD YOU ADMIT CAUSING (TERMINAL)?"   "WHAT COULD YOU WITHOLD FROM (TERMINAL)?"   THIS ALTERNATE COMMAND IS A BETTER PROCESS THAN "WHAT ABOUT (TERMINAL) COULD YOU BE RESPONSIBLE FOR?"

Note: Usage of this rundown should be taught on staff theta clearing courses.

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LRH:js:mg